

### Is Your Business Listed in the DUKE Heights BIA Business Directory?

If your business is new to the area, not yet listed, or if your current listing needs an update in the DUKE Heights BIA Business Directory, please visit [dukeheights.ca/explore](https://dukeheights.ca/explore) and click on the "Add Your Business" tab to submit your new or revised information.

[Business Directory](#)





**May 5 - June 15**

**\$1000**

**weekly draws!**

**Lucky Customers WIN \$500**  
**and SHARE \$500**  
**with a local business!**

### First Winners Announced in ShopDUKEHeights2Win – \$500 Prizes Awarded!

The first weekly draw winners of the ShopDUKEHeights2Win contest have been announced! Congratulations to our lucky shopper, **Andrew Jackman**, and to the local business **VMV's Bar and Grill** who will also receive a \$500 prize!

### Is Your Business Listed in the DUKE Heights BIA Business Directory?

#### Official Unveiling and Opening of the "DUKE Trail" on May 21, 2025

#### First Winners Announced in Shop DUKE Heights 2 Win – \$500 Prizes Awarded!

#### DUKE Featured: The Business and Technical Training College

#### What We Can Learn from the Bank of Canada's Monetary Policy Report (April 2025)

#### Resolution, Education and Crisis Training (REaCT) for businesses

#### Toronto Police 31 Division Hosts Community Engagement Day on June 14

#### Schedule a Savings Discussion - DUKE Heights BIA

#### BIA's Exclusive Security Services – At No Cost to Members

#### Members Get 4 Weeks of Complimentary Digital Billboard Advertising

Five more weekly draws to follow **until June 15**, so there are plenty more chances to win. Find out more at [shopdukeheights2win.com](https://shopdukeheights2win.com)

Help us keep the excitement going by promoting the contest to your customers. The more they shop, the better their chances, and yours, of winning. Let's work together to boost local shopping and highlight the amazing businesses in DUKE Heights! If you have any questions, or would like to receive additional contest flyers, please contact the BIA office at [info@dukeheights.ca](mailto:info@dukeheights.ca).



## The Business and Technical Training College

Established in 1996, Business and Technical Training College (BTT College) has been a cornerstone in providing specialized education in Business, Medical Administration, Information Technology, and Accounting. Located at 1280 Finch Ave West, Suite 411, North York, Ontario, BTT College has consistently adapted to the evolving demands of the Canadian marketplace, ensuring students receive training that aligns with current industry standards. [...]

[Read More](#)



## What We Can Learn from the Bank of Canada's Monetary Policy Report (April 2025)

While the Canadian economy ended 2024 on a positive note with inflation trending near the Bank of Canada's (BoC's) 2% target, and earlier interest rate cuts, which provided a stimulus to economic growth, this momentum has now been significantly challenged in 2025.

The unpredictability of the current global trade environment has made conventional economic forecasting unusually challenging, and the BoC has taken to outlining two illustrative scenarios instead of a single confident forecast for the Canadian economy. These scenarios explore the impact of the different potential

## Enhance Your Digital Presence with BIA-Supported Advertising

## Free Accounting Consultation for BIA Members

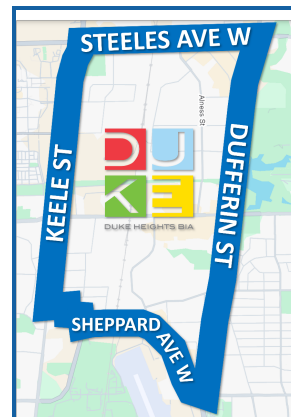
## Get Your Vacant Property Listed for Free – Members Only

## Councillor's Corner: James Pasternak

## Navigating Tariffs: Additional Programs and Resources to support businesses

## Photo of the Month

## Upcoming Events and Webinars



DUKE Heights BIA, spanning Dufferin to Keele and Steeles to Sheppard, supports businesses with a vision to drive growth, attract investment, and advocate for the local business community.



## City of Toronto News Releases & Other

evolutions of U.S. trade policy. [...]

[Read More](#)



## Resolution, Education and Crisis Training (REaCT) for businesses

Resolution, Education, and Crisis Training (REaCT) is a dynamic program that equips employees with essential skills in de-escalation, situational awareness, and brand protection to boost overall workplace preparedness.

Led by experienced current and former police officers, this interactive session features practical exercises designed to engage participants and enhance real-world readiness.

- Free for all Toronto businesses
- Limited to 25 participants
- June 4, 2 p.m. to 4 p.m. Register now: <https://bit.ly/reactto>

[Learn More and Register](#)



## Official Unveiling and Opening of the “DUKE Trail” on May 28, 2025

The DUKE Heights BIA proudly announces the official opening of the “Connecting Communities – DUKE Heights BIA Pedestrian Trail” on May 28, 2025. In collaboration with the City of Toronto, this 757-metre eco-friendly trail runs along the east side of Allen Road from Sheppard Avenue West to De Boers Drive and further north to Rimrock Road. Featuring a park-like design with trees, benches, and permeable paving, it transforms a vacant area into a vibrant, walkable space — enhancing access to Sheppard West Subway Station and connecting surrounding communities.

## Resources

Latest news releases and updates from the City of Toronto: [www.toronto.ca/news](http://www.toronto.ca/news)

## Pay no tax on all Canadian-made seating!

Discount valid only on Canadian-made collections and merchandise. Please visit our website for store locations.

For more local offers and specials, visit [dukeheights.ca/perks/](http://dukeheights.ca/perks/).



## Family Physicians Accepting New Patients

Family Physicians Accepting New Patients. Call 416-222-6160 ext. 220/221 to schedule an appointment.

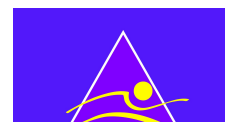
For more local offers and specials, visit [dukeheights.ca/perks/](http://dukeheights.ca/perks/).

## DentalX

### Free Electric Toothbrush

Free Electric Toothbrush for All New Patients following the initial full check up. Offer Exclusions: Not completing the initial exam

For more local offers and specials, visit [dukeheights.ca/perks/](http://dukeheights.ca/perks/).





## Toronto Police 31 Division Hosts Community Engagement Day on June 14

Toronto Police Service 31 Division invites everyone to join them for Community Engagement Day on Saturday, June 14th, 2025, from 12:00 PM to 3:00 PM at 40 Norfinch Dr.

Enjoy a FREE BBQ, police car displays, music, station tours, and more fun activities for all ages.

For more info, contact Melody Carroll at 416-808-3174 or 11322@tps.ca.



## Schedule a Savings Discussion - DUKE Heights BIA

Looking to reduce your everyday business operating expenses? Speak with a Savings Specialist free of charge, courtesy of DUKE Heights BIA. Explore how you can cut expenses by up to 50%.

**Expense Defence** offers a free, no-obligation savings analysis across six key expense categories, including Payment Processing, Telecom (Mobile & Landline), Internet, Cable, and Monitored Security. Their experts are available to help you identify cost-saving opportunities tailored to your unique needs.

Book a 15-minute consultation today and receive your detailed Savings Analysis and Benchmark Report within just a week. Don't miss this chance to uncover real savings for your business!

[Click Here to Schedule Your Appointment](#)



**Free 1/2 hour**

**Phone**

**Discovery Call**

360-degree Speed & Recovery for hockey, soccer players, corporate executives, chronic injuries, concussion management, functional medicine coaching.

For more local offers and specials, visit [dukeheights.ca/perks/](https://dukeheights.ca/perks/).



**Is Your Business Cyber Secure?**

We help Canadian businesses strengthen their security posture with the F12's Cyber Security Health & Exposure Score, a powerful, data-driven, 30-minute, non-invasive assessment to evaluate your current cyber security readiness.

For more local offers and specials, visit [dukeheights.ca/perks/](https://dukeheights.ca/perks/).



**Save \$2,400 on Your Plan - Limited Time Offer!**

This offer is only valid for contracts with a duration of one year or more. Phone: (647) 259-7759; Email: [info@sleeplessatrest.com](mailto:info@sleeplessatrest.com); Address: 61 Alness St.

For more local offers and specials, visit [dukeheights.ca/perks/](https://dukeheights.ca/perks/).



**Do you have a Perk?**

Do you want to promote your business to fellow members and their employees? Provide an exclusive offer





## FREE SECURITY SERVICES FOR BIA MEMBERS

### BIA's Exclusive Security Services – At No Cost to Members

Businesses within the DUKE Heights BIA are invited to take advantage of exclusive, complimentary security services provided by Best Guard Security under the supervision of the BIA team. To learn more and enroll, members are encouraged to complete the Security Signup Form. <https://dukeheights.ca/security-services/>.

[Security Signup Form](#)



## EXCLUSIVE FREE BILLBOARD AD FOR MEMBERS

### Members Get 4 Weeks of Complimentary Digital Billboard Advertising

Looking to increase your business visibility? Secure a free slot in a shared spot on Pattison's Outdoor Digital Billboard at the Dufferin St and Finch Ave W intersection. You'll share a spot with fellow BIA businesses and Your ad will be displayed multiple times each day for 4 weeks, reaching thousands of commuters. Reserve your space by filling out the Expression of Interest Form below.

[Expression of Interest Form](#)



## FREE DIGITAL AD FOR MEMBERS

### Enhance Your Digital Presence with BIA-Supported Advertising

Whether you're new to online advertising or looking to boost your business's online visibility, DUKE Heights BIA has a program tailored for members. Get up to 4 weeks of complimentary online and social media advertising. Use the link below to complete the Expression of Interest Form and reserve your spot.

at [dukeheights.ca/submit-perk-form/](https://dukeheights.ca/submit-perk-form/) by filling out a short form!



### Report a Pothole

Please notify the City of Toronto of any existing or potential hazard from road damage in or around your area via the [311 Toronto mobile app](#), online at [toronto.ca/311](https://toronto.ca/311), or by **calling 311**. To learn more, visit the City website at [Potholes – City of Toronto](#).

## Expression of Interest Form



SCHEDULE A FREE  
ACCOUNTING  
CONSULTATION

### Free Accounting Consultation for Members

Introduced with the goal to assist businesses in financial planning and applying for government support programs, this BIA service offers members a FREE consultation with a registered accounting firm to guide them in resolving any finance or funding questions.

[Schedule a Free Consultation Now](#)



LIST AND SEARCH  
VACANT PROPERTIES  
IN  
DUKE HEIGHTS BIA

### Get Your Vacant Property Listed for Free – Members Only!

Properties available for sale or lease within the DUKE Heights BIA are listed on the BIA website. BIA members looking to showcase their vacant properties at no charge on the listing are encouraged to get in touch with us. Please reach out via email at [info@dukeheights.ca](mailto:info@dukeheights.ca).

[Find out More](#)



**JAMES PASTERNAK**  
CITY COUNCILLOR  
WARD 6 - YORK CENTRE

### James Pasternak

#### Toronto City Councillor – Ward 6 York Centre

We remain deeply concerned about the draconian and unwarranted tariffs imposed on a significant number of Canadian exports to the United States, and the impact that this has had on

many exporters in the DUKE Heights district.

The City of Toronto is taking further steps to support and safeguard local manufacturers while helping to enhance Canada's economic resilience in response to tariff measures from the United States, with the establishment of the Industrial Property Tax Deferral Program. [...]

[Read More](#)



#### **Business Development Bank of Canada (BDC)**

In response to current tariffs uncertainty, the government has entrusted the BDC with a new \$500 million envelope to provide immediate financial support to entrepreneurs with a viable business model with direct sales into the US market, or those in supply chains with direct exposure to the US. If you want to learn more, reach out to Leandro Guimaraes, Senior Account Manager – North York, at [leandro.guimaraes@bdc.ca](mailto:leandro.guimaraes@bdc.ca).

[Click here to Learn More](#)



#### **Export Development Canada (EDC)**

Through the Trade Impact Program, EDC will be deploying \$5 billion over two years to help exporters navigate through uncertain times.

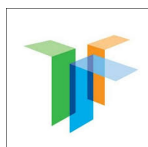
[Click here to Learn More](#)



#### **Canada Tariff Finder**

The Canada Tariff Finder platform enables Canadian businesses to check import or export tariffs for specific goods and markets.

[Click here to Learn More](#)



#### **Canadian SME playbook for navigating US-Canada Tariffs**

Developed by the Toronto Region Board of Trade, the downloadable e-book explores strategies on how businesses can mitigate the impact of tariffs.

[Click here to Learn More](#)



#### **DUKE Heights Tariffs Information**



## Portal

Stay updated on the latest announcements, key insights, and resources by visiting the 'Trade and Tariffs' Information page on the DUKE Heights BIA website, created exclusively to help BIA businesses navigate tariffs.

[Click here to Learn More](#)



## Discover DUKE: Photo of the Month

The photograph above is one of the finalists from the Discover DUKE 2024 Photo Contest, held in August 2024.

Photographer: Nika Valentine

Photo Location: Genji Sushi, a local business on Steeles Ave W



### **Markets and Pop-Ups: Ready, Steady, Grow! - Webinar by Toronto Small Business Enterprise Centre**

May 16, 10:00 a.m. to 11:30 a.m. [Register here](#)



### **Web Presence 101 - Ensuring Your Foundation Is Set - Webinar by Digital Main Street**

May 20, 10:00 a.m. to 11:00 a.m. [Register here](#)



### **Employment Insurance: Types of Leaves and Benefits - Webinar by Service Canada**

May 21, 11:00 a.m. to 12:00 p.m. [Register here](#)



### **Growth and Expansion: How to Best Grow Your Business - Webinar by Toronto Small Business Enterprise Centre**

May 22, 10:00 a.m. to 11:30 a.m. [Register here](#)



### **What Entrepreneurs Must Know - Webinar by Immigration Refugees and Citizenship Canada**





May 23, 10:00 a.m. to 11:30 a.m. [Register here](#)



**[Social Media for Small Business - Webinar by Digital Main Street](#)**

May 27, 10:00 a.m. to 11:00 a.m. [Register here](#)



**[Getting Started with Intellectual Property \(IP\): Why is IP Important? - Webinar by Toronto Small Business Enterprise Centre](#)**

May 28, 10:00 a.m. to 12:00 p.m. [Register here](#)



**[Maximizing Your Business: How to Manage Your Cash - Webinar by Toronto Small Business Enterprise Centre](#)**

May 29, 10:00 a.m. to 11:00 a.m. [Register here](#)



**[eCommerce 101: What, why, and how - Webinar by Digital Main Street](#)**

June 3, 10:00 a.m. to 11:00 a.m. [Register here](#)



**[First Steps in Exporting: From Starting Out to Getting a Buyer - Webinar by Toronto Small Business Enterprise Centre](#)**

June 4, 10:00 a.m. to 12:00 p.m. [Register here](#)



**[How to Do Business with the City of Toronto - Webinar by Toronto Small Business Enterprise Centre](#)**

June 5, 2:00 p.m. to 3:00 p.m. [Register here](#)



**[T1 General Small Business Tax Literacy Seminar - Webinar by Toronto Small Business Enterprise Centre](#)**

June 6, 9:30 a.m. to 11:30 a.m. [Register here](#)



**[The Importance of Paid Advertising in a Digital Space - Webinar by Digital Main Street](#)**

June 10, 10:00 a.m. to 11:00 a.m. [Register here](#)



**[Uncovering the CETA Opportunity - EU Market - Webinar by City of Toronto](#)**

June 11, 9:30 a.m. to 2:00 p.m. [Register here](#)



**[Introduction to the Consumer Protection Act, 2002 for Businesses - Webinar by Toronto Small Business Enterprise Centre](#)**

June 12, 10:00 a.m. to 11:00 a.m. [Register here](#)



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Forward



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