



Expense Defence: Know Where Your Business is Overspending and How to Fix It

Did you know that over 90% of the companies we talk to are unknowingly overpaying for essential services every month due to billing errors, outdated pricing plans, improperly applied fees, or gradual fee increases. These often go unnoticed and can add up to thousands of dollars in unnecessary monthly expense overpayments.

To help members address these challenges, the DUKE Heights Business Improvement Area is pleased to introduce Expense Defence, a Canadian firm specializing in identifying and recovering hidden savings in common business operating expenses. [...]

[Read more](#)



Expense Defence: Know Where Your Business is Overspending and How to Fix It

Reminder: DUKE Heights Spring 2026 Community Cleanup

Meet Your Neighbours, Grow Your Reach: "DUKE eats plazaPOP" Launches

Toronto Parking Authority FREE EV Charging Earth Week Campaign

Participate in the DUKE Heights BIA Members Survey 2026

The System: The Physical Mercenary Who Wants You Gone

Attention DUKE Heights Restaurants, Bars, and Cafés – Apply Now for CaféTO Funding

EDGE Incentive Program Grants Support to

Topic of the Webinar: The Hidden Costs in Your Business: How DUKE Heights Companies Are Finding Thousands in Overlooked Savings

Date: Tuesday, May 26, 2026

Start Time: 10:00 AM

Why it Matters: Many businesses unknowingly overpay for everyday operating expenses due to billing errors, hidden fees, and outdated pricing. In this webinar, experts from Expense Defence will show DUKE Heights BIA members where companies are finding thousands in overlooked savings.

The webinar access link will be sent out soon.

BIA's Exclusive Security Services – At No Cost to Members

BIA Members: Free Digital Billboard Ads Now Extended to 6 Weeks

BIA-Supported Digital Ads Extended to 6 Weeks

Get Your Vacant Property Listed for Free!

Councillor’s Corner: James Pasternak

Photo of the Month

Upcoming Events and Webinars



Reminder: DUKE Heights Spring 2026 Community Cleanup on Earth Day

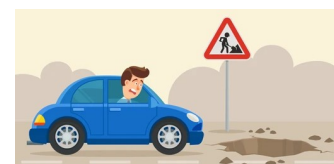
As part of our Spring 2026 Business Community Cleanup, we will coordinate the collection and disposal of select waste materials on Wednesday, April 22, 2026, between 10 AM and 3 PM. Our licensed, insured contractors will recycle or donate usable items. To take part in this complimentary service, please complete the short form at the link below. A BIA staff member will contact you the week prior to confirm your pickup time.

Key details:

- Submit your request by Friday, April 17, 2026 at 4:00 PM
- Pickups are first-come, first-served
- Limits apply on material types and quantities per business
- All items require prior approval from BIA staff



DUKE Heights BIA, spanning Dufferin to Keele and Steeles to Sheppard, supports businesses with a vision to drive growth, attract investment, and advocate for the local business community.



Click here to register



Meet Your Neighbours, Grow Your Reach:

DUKE eats Plaza Pop-up Launches

We're inviting BIA restaurants, retail shops, and event-focused service businesses to join an exciting new initiative that brings your products and services directly to the local community. This is a great opportunity to showcase what you do best to fellow BIA members, their employees, customers, and visitors, boosting visibility right where it counts.

Introducing **DUKE eats Plaza Pop-up**, a new way to set up, showcase, and serve in a high-traffic parking lot close to your business. It's an easy, low-barrier way to connect with local customers, build awareness, and grow relationships in your neighbourhood. Interested? Submit your expression of interest **by April 30, 2026** to take part as a vendor to this exclusive BIA initiative.

- Potential 1st **DUKE eats Plaza Pop-up** event date: June 26, 2026
- Time: 11:00 AM – 2:00 PM

Expression of Interest Form



repair pothole damage on a:
[Road](#);
[Expressway](#); or
[Bike Lane](#).

A service request can be submitted online at toronto.ca/311 or by **calling 311**.



1st Cycle (4 Weeks) Rent-free Storage

Every new client is eligible for this offer.

- OFFER VALID FOR NEW CLIENTS ONLY
- Promotional Code: N/A
- Email:

32doncaster@accessstorage.ca

• Address: 4590 Dufferin St, North York, ON M3H 5S4

For more local offers and specials,

visit dukeheights.ca/perks/.



\$2 Off on Car Wash at Circle K, 4550 Dufferin St

Earth Week Campaign

To celebrate the continued growth of electric vehicle adoption, Green P will offer free EV charging across its entire network during Earth Week, giving residents and businesses an opportunity to experience greater access to public charging in their neighbourhoods.

Offer details:

- Available from April 20 to April 24 (Earth Week)
- Applies to 500+ Green P EV charging stations across Toronto
- Includes on-street and off-street Level 2 chargers, as well as Level 3 fast chargers
- Standard parking fees will continue to apply where applicable

Today, nearly 80% of Torontonians live within 5 km of a Green P charger, reflecting the rapid expansion of Canada's largest municipally owned EV charging network. This initiative aligns with the City of Toronto's TransformTO Net Zero goals by making EV charging more accessible and visible for Torontonians.

[Click here to view the full announcement](#)

[Find all Green P EV charging locations](#)



Participate in the DUKE Heights BIA Members Survey 2026

DUKE Heights Business Improvement Area (BIA) has been supporting local businesses since 2014. As a BIA business member, you have access to a range of free services, programs, resources, events, and other initiatives.

Your feedback will help us improve and better tailor our services to meet the needs of our business community. Thank you for taking the time to participate.

CAR WASH.

Offer Exclusions: cannot be combined with other promotional discounts

- Promotional Code: N/A
- Phone: (416) 667-8223
- Email:

harjit.virk@circlek.com

- Address: 4550 DUFFERIN ST

For more local offers and specials,

visit dukeheights.ca/perks/.



the dental group

Free Electric Toothbrush

New patients from DUKE BIA businesses will receive a complimentary electric toothbrush following their new patient oral examination and hygiene.

- Subject to completion of new patient oral exam and hygiene.
- Promotional Code: TDG-BIA
- Phone: (437) 913-9288
- Email:

hello@thedentalgroup.ca

- Address: 1275 Finch Ave W Suite 310, North York, ON M3J 2G5

For more local offers and specials,

visit dukeheights.ca/perks/.



The System: The Physical Mercenary Who Wants You Gone

Yusuf Omar has an unusual goal for a coach: he doesn't want to keep you around.

"Get in there, fix things, get out," says the founder of The System, a bespoke athletic conditioning and recovery facility tucked inside DUKE Heights at 5 Kodiak Crescent. "I try not to keep you as a client. If I address the issues and teach you how to handle them, you don't need me." [...]

[Read more](#)



Attention DUKE Heights Restaurants, Bars, and Cafés – Apply Now for CaféTO Funding

Restaurant, bar, and café owners in the City of Toronto can now access the CaféTO Grant to enhance their patios and outdoor spaces. This program offers a matching grant of up to \$7,500, covering 50% of approved improvements for patios located on



10% Off on Services at The System

Offer Exclusions: offer valid for first time clients only

Promotional Code:

TheSystem10

- Phone: (416) 635-9537
- Email: info@thesystem.ca
- Address: 5 Kodiak Crescent, Unit 8

For more local offers and specials, visit dukeheights.ca/perks/.



Discount on Swim Lessons at British Swim School

Offer for Champagne & DUKE Heights businesses

- 10% OFF Monthly tuition fees
- 50% OFF Annual Membership fees

Offer Exclusions: Limit to one offer per family

Promotional Code: N/A

Phone: (437) 826-0831

Email:

goswimnctoronto@britishswimschool.com

Address: 2 Champagne Dr,

sidewalks, in curb lanes, or on private property.

For more local offers and

To take advantage of this opportunity, businesses must submit their applications **until 4 p.m. on May 7, 2026.**

specials,

visit dukeheights.ca/perks/.

[Check Eligibility and Apply](#)



EDGE Incentive Program Grants Support to Manufacturers in Toronto

Application Deadline: December 31, 2027

The City of Toronto recently celebrated its first [EDGE Incentive Program recipient](#), reinforcing a commitment to local manufacturing. Under the Mayor's Economic Action Plan, grants for eligible construction or major renovations have temporarily surged from 60 per cent to 100 per cent of the Municipal Tax Increment. Applications are processed first-come, first-served, so act quickly to fuel your next project and grow Toronto's industrial future.

[Find out More and Apply](#)



FREE SECURITY SERVICES FOR BIA MEMBERS

BIA's Exclusive Security Services – At No Cost to Members

Businesses within the DUKE Heights BIA are invited to take advantage of exclusive, complimentary security services provided



Save 15% with this DUKE Exclusive!!

Use promo code 'DUKE15OFF' to receive 15% off and FREE SHIPPING on any cookie and/or granola bites order over \$30 at

www.guiltfreecookies.com.

Offer Exclusions: Valid for online store purchases only.

Phone: (416) 630-7502

Email:

omri@guiltfreecookies.com

Website: [Rivi's Guilt Free Cookies](#)

Address: 300 Supertest Road, Unit 8B

For more local offers and specials,

visit dukeheights.ca/perks/.



50% off Window Covering at Window Fashions Depot

50% Off Blinds and Shades from the following Brands; Maxxmar Window Fashions, Altex Window Fashions & Dexter Window Fashions

Offer Exclusions: N/A

Promotional Code: Wfd26

by Best Guard Security under the supervision of the BIA team. To learn more and enroll, members are encouraged to complete the Security Signup Form. <https://dukeheights.ca/security-services/>.

Address: 24 Martin Ross Ave #5
For more local offers and specials, visit dukeheights.ca/perks/.

Security Signup Form



**EXCLUSIVE
FREE BILLBOARD AD
FOR MEMBERS**

BIA Members: Digital Billboard Ads Now Extended to 6 Weeks

DUKE Heights BIA members looking to boost their business visibility can now secure a free spot for up to 6 weeks on Pattison's Outdoor Digital Billboard at Dufferin St. and Finch Ave. W. Your ad will rotate with fellow BIA businesses, appearing multiple times daily during the campaign period and reaching thousands of commuters. Reserve your space by completing the Expression of Interest Form below.

Expression of Interest Form



**FREE DIGITAL AD
FOR MEMBERS**

BIA-Supported Digital Ads Extended to 6 Weeks

Whether you are just starting with online advertising or aiming to increase your business's digital presence, DUKE Heights BIA offers a program for members now extended to 6 weeks of free advertising on your chosen digital platform. Complete the Expression of Interest Form via the link below to secure your spot.



Do you have a Perk?

Do you want to promote your business to fellow members and their employees?
Provide an exclusive offer at dukeheights.ca/submit-perk-form/ by filling out a short form!

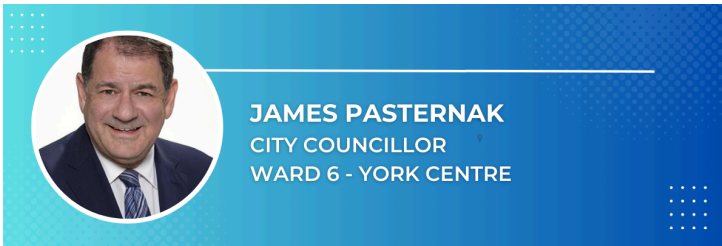


LIST AND SEARCH
VACANT PROPERTIES
IN
DUKE HEIGHTS BIA

Get Your Vacant Property Listed for Free!

Properties available for sale or lease within the DUKE Heights BIA are listed on the BIA website. BIA members looking to showcase their vacant properties at no charge on the listing are encouraged to get in touch with us. Please reach out via email at info@dukeheights.ca.

[Find out More](#)



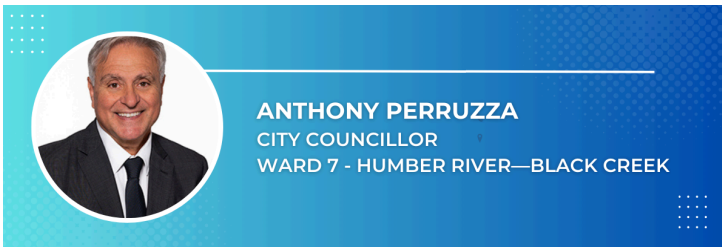
James Pasternak

Toronto City Councillor, Ward 6 – York Centre

I hope you're having a great start to spring and were able to enjoy Easter and Passover with your loved ones.

Moving into the warmer weather, I'm pleased to share several updates on planning, infrastructure, and development initiatives across York Centre and within the DUKE Heights BIA.

After a shaky start, the Line 6 Finch West LRT is now running much more smoothly. This 11-kilometre light rail line is a vital east-west connection, running from Keele Street and Finch Avenue West to Humber College. [...]



James Pasternak

Toronto City Councillor, Ward 6 – York Centre

Everywhere I go in Toronto, I hear the same concern from residents: groceries are simply too expensive. Families are making difficult choices, seniors are stretching fixed incomes, and more people than ever are turning to food banks just to get by. As a City Councillor, I believe we cannot stand by while a basic necessity becomes increasingly out of reach.

Access to nutritious and affordable food is not just a matter of convenience, it is a fundamental determinant of health. Where you live should not determine whether you can afford to eat well. [...]

[Read More](#)



Discover DUKE: Photo of the Month

The photograph above is one of the winning submissions from

last year's Discover DUKE Photo Contest, held in August 2025.
Photographer: Emma Gunes

Photo Title: Duke & Curch

Photo Location: Reformed Hungarian Church at 1130 Finch Avenue West



[T2 Corporation Tax Literacy - Webinar by Canada Revenue Agency](#)

Friday, April 17, from 9:30 to 11:30 a.m. [Register here](#)



[Your Digital Storefront: Growing Your Business Online - Webinar by Digital Main Street](#)

Tuesday, April 21, from 10 to 11:30 a.m. [Register here](#)



[Diversifying to Export Markets 101 - Webinar by Trade Commissioner Service, Global Affairs Canada](#)

Tuesday, April 21, from 11 a.m. to 12:00 p.m. [Register here](#)



[Understanding Rules of Origin & Duty Drawback Programs - Webinar by Export Development Canada](#)

Thursday, April 23, from 10 to 11:30 a.m. [Register here](#)



[Social Media for Your Business - Webinar by Digital Main Street](#)

Tuesday, April 28, from 10 to 11:30 a.m. [Register here](#)



[Free Hiring Platform & Other Supports for Small Businesses - Webinar by Service Canada](#)

Wednesday, April 29, from 11 a.m. to 12 p.m. [Register here](#)



[The Importance of Paid Advertising in the Digital Space - Webinar by Digital Main Street](#)

Tuesday, May 5, from 10 to 11:30 a.m. [Register here](#)



[Understanding Financial Statements for Small Business Owners - Webinar by TCPA Canada](#)



[T1 General Small Business Tax Literacy - Webinar by Canada Revenue Agency](#)

Friday, May 8, from 9:30 to 11:30 a.m. [Register here](#)



[How to Safely Build a Food Business in Toronto - Webinar by Toronto Public Health](#)

Wednesday, May 13, from 10 to 11 a.m. [Register here](#)



[Insurance for Small Business - Webinar by Insurance Bureau of Canada](#)

Thursday, May 14, from 10 to 11:30 a.m. [Register here](#)



Tweet



Forward



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